

grain & grill

BAR & RESTAURANT

SNACK & SHARE

Sourdough Breads £6.00

Balsamic & olive oil dip
(Contains allergens 6 rye, wheat, 7, 9)

Mixed Italian Olives £6.00

Marinated in lemon zest & herbs

Spicy Crab Cake £10.50

Roast corn, spicy cherry tomato salsa
& seafood dip
(Contains allergens 1 crab, 3 pollock, 6 wheat, barley, 11)

Togarashi Prawn £10.00

Crisp coriander Asian slaw with
beansprouts, radish & spring onion
(Contains allergens 1 prawn, 6 wheat, 8, 10)

Korean Style BBQ Fried Chicken Wings £10.50

Sweet cucumber relish, toasted onion
seed
(Contains allergens 6 wheat, 8, 13)

Truffled Mushroom Arancini £10.50

Pesto olive & rocket, sundried tomato
mayo
(Contains allergens 5 cashew, 6 wheat, 7, 8, 11)

Seasonal Soup of the Day £7.50

Warm sourdough bread
(Contains allergens 6 wheat, rye, 7, 8, 12)

SANDWICHES & SALADS

Open Sandwich, Chargrilled Halloumi Sourdough £8.50

Rocket, hummus, char grilled red pepper,
plum tomato, pesto mayo
(Contains allergens 5 cashew, 6 wheat, rye, 7, 10)

Baked Ham & Cheese Toastie £9.50

Smoked ham & edam cheese on
sourdough
(Contains allergens 6 wheat, 7, 13)

Greek Feta, Charred Broccoli, Green Pea, Cherry Tomato & Orzo Salad £9.00

Basil dressing, sourdough croute
(Contains allergens 6 wheat, 7, 11)

Spiced Quinoa, Chickpea & Grilled Vegetable Salad £9.00

Baby gem, toasted seeds, honey &
mustard dressing
(Contains allergens 8, 11, 12, 13)

Add
Crispy Bacon +£2.50

Tempura Prawns +£5.00

Grilled Cajun Chicken breast +£5.00

SELECTION OF FIRESTONE SOURDOUGH PIZZAS & GARLIC BREAD

9" Hand Stretched Sourdough Garlic Bread £9.50

(Contains allergens 6 wheat, 7)

11" Hand Stretched Sourdough Margarita Pizza £12.00

Fresh tomato, mozzarella, herbs
(Contains allergens 6 wheat, 7)

11" Hand Stretched Sourdough Italian Pizza £16.00

Fresh tomato, rocket, mozzarella, Italian
parma ham and shaved parmesan
(Contains allergens 6 wheat, 7)

11" Hand Stretched Sourdough Pepperoni Pizza £15.00

Fresh tomatoes, mozzarella, pepperoni
slices, herbs
(Contains allergens 6 wheat, 7)

LARGE PLATES

Chimichurri Salmon, Rainbow Salad, Rocket & Roast Red Peppers £19.50

(Contains allergens 3 salmon 6 wheat, 9, 13)

BBQ Marinated Chicken Skewers £16.50

Ranch slaw, corn cob, seasoned fries
(Contains allergens 6 wheat, 9, 13)

Crispy Battered Cod Fillet £18.50

Crushed peas, tartar sauce, hand cut
chips
(Contains allergens 3 cod, 6 wheat, 11, 13)

Broad Bean & Roasted Garlic Risotto £15.00

Parmesan Cheese
(Contains allergens 7, 11)

Buttermilk & Rosemary Chicken Burger £16.50

Tomato, Lettuce, Chipotle mayo, brioche
bun, chunky chips
(Contains allergens 6 wheat, 7, 8, 11)

Chargrilled Angus Steak Burger £16.50

Oak smoked cheddar, pickled red onions,
baby gem, tomato relish, toasted brioche
bun & seasoned fries
(Contains allergens 6 wheat, 7, 8, 9)

Spiced Chicken Tikka Masala, Basmati Rice £16.50

Buttered garlic coriander naan, mango
chutney
(Contains allergens 6 wheat, 7)

Crumble Truffle Mac & Cheese, Garlic Bread £13.50

(Contains allergens 6 wheat, 7, 11)

SIDES

Chunky Chips £5.00

Parmesan & Sea Salt Fries £6.50

Loaded Chunky Chips £7.00

with a choice of curry sauce or cheese
sauce
(Cheese sauce contains allergen 7)

DESSERT

Chocolate & Coconut Tart (VEGAN) £7.50

Raspberry sorbet and winter berry coulis
(Contains allergens 5 cashew nuts, hazelnuts, walnuts,
almonds, 8)

Japanese Style Apple Gyoza £6.50

Sprinkled with cinnamon sugar and
served
with vanilla custard
(Contains allergens 6 wheat, 7, 11)

Warm Italian Style Chocolate Fondant £7.50

Vanilla ice-cream, seasonal Winter berry
compote
(Contains allergens 6 wheat, 7, 11)

Selection of Ice Cream or Sorbet £6.00

Raspberry coulis or chocolate sauce
(Contains allergens 7, 8)

Allergen Index

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|----------------|------------------------------|-----------------------|-------------|
| 1. Crustaceans | 5. Nuts | 9. Sulphur dioxide | 13. Mustard |
| 2. Molluscs | 6. Cereals containing gluten | 10. Sesame seeds | 14. Lupins |
| 3. Fish | 7. Milk/milk products | 11. Eggs | |
| 4. Peanuts | 8. Soya | 12. Celery & celeriac | |

Food Allergy Disclaimer Please be advised that our menu items may contain allergens, may have come in contact with items containing allergens, and there is always a risk of contamination or cross contact. In addition, the potential does exist, that food manufacturers may change their formulation or manner of processing without our knowledge.